

Rejoice and Be Thankful
Philippians 4:4-7

We live among worst-case scenario people. It's so easy to focus on the negative. Life situations pull us down and become the primary motivation for our prayers. Our needs bring us to God's throne, and we want God to change something. Our prayers are full of requests for what we want, but we often fail to give God the thanks He deserves.

1. The Lord gives reason to be _____

2. The Lord gives reason to be _____

3. The Lord gives reason to be _____

4. The Lord gives reason to be _____

When you have the Lord, you have abundant reason to be joyful, gentle, thankful and peaceful. He can satisfy any present need when we do as James further suggests and simply ask God. God has already given so much. And one day, because we have the Lord, every need will disappear. Don't wait until then to focus on what is good in your life. Be thankful now.

Reflection

Take time to consider the things for which you are thankful. Without asking God for a thing, spend time in prayer just thanking Him for all that He has done and all that He is doing. While praying, acknowledge the sufficiency of the Christ and His gospel and see if that doesn't begin to change the way you pray. Pray back Philippians 4:4-7 in the first person and allow that experience to remind you of the goodness and sufficiency of God.